

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>05 April – School Holidays wk 1</p> <p><b>Easter Monday</b> No classes</p> <div data-bbox="56 427 461 724" style="background-color: #800080; color: white; padding: 10px; text-align: center;"> <p>Did you know; we have a Woodwork workshop at Kingsland? Give us a call to find out more or to enrol in classes!</p> </div>	<p>06 April</p> <p><b>Aqua Fit Glenfield</b> 9:15am – 10:30am or meet @ 14 Kingsland Tce at 8:45am Aerobic drills in the pool Glenfield Pool, Bentley Ave Tutor: Rick</p> <p><b>Understanding Self in Mental Health</b> “Discover Pathways to Wellbeing” 1:15pm – 2:30pm Meet at 14 Kingsland Tce Tutor: Rick</p>	<p>07 April</p> <p><b>Aqua Fit at Cameron Pool</b> 10am – 11am meet @ 14 Kingsland Tce at 9.30am Aerobic drills in the pool Cameron Pool, Mt Roskill Tutor: Rick</p> <p><b>CraftSpace 10am – 12pm</b> Mural painting on the studio wall! 10 Kingsland Tce, KLD (in the old bone carving studio) Facilitators: Kirsty &amp; Alana Basic Computer 10:00am – 11:00am 14 Kingsland Terrace Tutor: Samith</p> <p><b>Gym Boxing</b> 1:15pm – 2:30pm Northside Boxing Gym 45 Woodside Road, Northcote Tutor: Rene</p> <p><b>Movie Afternoon</b> 2:45pm – 5pm Yellow Room, 14 Kingsland Tce Tutor: Rene</p>	<p>08 April</p> <p><b>Wellness &amp; Fitness</b> (Touch Rugby Training) 10am – 12noon Nixon Park, Kingsland Facilitator: Silver / Fuli</p> <p><b>Yoga</b> 9am – 10am Training Room, 8 Kingsland Tce Tutor: Samith</p> <p><b>One Hour Walkers</b> 10am – 12pm Urban walks, rural settings Meet @ 14 Kingsland Tce, KLD Tutor: Rick</p> <p><b>Swim Fit at Cameron Pool</b> 2pm – 3pm Meet @ 14 Kingsland Tce at 1:30pm Cameron Pool Arundel St, Mt Roskill Tutor: Rick</p>	<p>09 April</p> <p><b>Grow it, Cook it</b> 9am – 9:45am <b>Now meeting fortnightly</b> <u>Previous group only</u> Meet @ the vege patch! Facilitator: Kirsty</p>
<p>12 April – School Holiday wk 2</p> <p><b>Wellness &amp; Fitness</b> 10am – 11:30am Pakuranga Youth Centre 13C Reeves Rd, Pakuranga Facilitators: Rene / Silver / Fuli</p> <p><b>Creative Writing</b> 10am – 12pm Meet at Activity Centre 14 Kingsland Tce, Kingsland Facilitator: Bruce</p> <p><b>Walking the Waitakere’s</b> 10am – 2:30pm Walk the Waitakere Ranges Meet at 14 Kingsland Tce, KLD Tutor: Rick</p>	<p>13 April</p> <p><b>Aqua Fit Glenfield</b> 9:15am – 10:30am or meet @ 14 Kingsland Tce at 8:45am Glenfield Pool, Bentley Ave Tutor: Rick</p> <p><b>Racquetsports</b> 9:30-11:15am Meet @ 14 Kingsland Terrace Tennis/Table Tennis Tutor: Rene</p> <p><b>Understanding Self in Mental Health</b> “Discover Pathways to Wellbeing” Refer to Pervious Week</p>	<p>14 April</p> <p><b>Aqua Fit at Cameron Pool</b> Refer to Previous Week</p> <p><b>CraftSpace 10am – 12pm</b> Refer to Previous Week</p> <p><b>Gym Boxing</b> 1:15pm – 2:30pm Northside Boxing Gym 45 Woodside Road, Northcote</p> <p><b>Movie Afternoon</b> Refer Pervious Week</p> <p><b>Basic Computer</b> Refer Previous Week</p>	<p>15 April</p> <p><b>Wellness &amp; Fitness</b> (Touch Rugby Training) Refer to Previous Week</p> <p><b>Yoga</b> Refer to Previous Week</p> <p><b>One Hour Walkers</b> 10am – 12pm Urban walks, rural settings Meet @ 14 Kingsland Tce, KLD Tutor: Rick</p> <p><b>Swim Fit at Cameron Pool</b> Refer to pervious week</p>	<p>16 April</p> 

APRIL 2010

CENTRAL Auckland Timetable

Personal Focus

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>19 April</p> <p><b>FilmSquad</b> 10am – 12pm Downstairs, 12 Kingsland Tce Facilitator: Kirsty</p> <p><b>Creative Writing</b> 10am – 12pm 14 Kingsland Tce, Kingsland Facilitator: Bruce</p> <p><b>Wellness &amp; Fitness</b> 10am – 11:30am Pakuranga Youth Centre 13C Reeves Rd, Pakuranga Facilitators: Rene / Silver / Fuli</p> <p><b>Walking the Waitakere's</b> 10am – 2:30pm Walk the Waitakere Ranges Meet at 14 Kingsland Tce, KLD Tutor: Rick</p> 	<p>20 April</p> <p><b>Aqua Fit Glenfield</b> 9:15am – 10:30am or meet @ 14 Kingsland Tce at 8:45am Aerobic drills in the pool Glenfield Pool, Bentley Ave Tutor: Rick</p> <p><b>Racquetsports</b> 9:30-11:15am Meet @ 14 Kingsland Terrace Tennis/Table Tennis Tutor: Rene</p> <p><b>"SOCCER CLUB" PRACTICE</b> 12:30pm – 1:30pm Mt. Albert YMCA</p> <p><b>Aqua Fit Glenfield</b> 9:15am – 10:30am or meet @ 14 Kingsland Tce at 8:45am Glenfield Pool, Bentley Ave Tutor: Rick</p> <p><b>Understanding Self in Mental Health</b> "Discover Pathways to Wellbeing" 1:15pm – 2:30pm Meet at 14 Kingsland Tce Tutor: Rick</p>	<p>21 April</p> <p><b>Aqua Fit at Cameron Pool</b> 10am – 11am meet @ 14 Kingsland Tce at 9.30am Aerobic drills in the pool Cameron Pool, Mt Roskill Tutor: Rick</p> <p><b>CraftSpace</b> 10am – 12pm Mural painting on the studio wall! 10 Kingsland Tce, KLD Facilitator: Alana</p> <p><b>Gym Boxing</b> 1:15pm – 2:30pm Northside Boxing Gym 45 Woodside Road, Northcote Tutor: Rene</p> <p><b>Movie Afternoon</b> 2:45pm – 5pm Yellow Room, 14 Kingsland Tce Tutor: Rene</p> <p><b>Basic Computer</b> Refer Previous Week</p>	<p>22 April</p> <p><b>Wellness &amp; Fitness</b> (Touch Rugby Training) 10am – 12noon Nixon Park, Kingsland Facilitator: Silver / Fuli</p> <p><b>Yoga</b> 9am – 10am Training Room, 8 Kingsland Tce Tutor: Samith</p> <p><b>One Hour Walkers</b> 10am – 12pm Urban walks, rural settings Meet @ 14 Kingsland Tce, KLD Tutor: Rick</p> <p><b>Swim Fit at Cameron Pool</b> 2pm – 3pm Meet @ 14 Kingsland Tce at 1:30pm Cameron Pool Arundel St, Mt Roskill Tutor: Rick\</p> 	<p>23 April</p> <p><b>Grow it, Cook it</b> 9am – 9:45am <u>Previous group only</u> Meet @ the vege patch! Facilitator: Kirsty</p> <p><b>Conservation Crew</b> 10am – 3pm bushwalking &amp; conservation Meet @ 14 Kingsland Tce, KLD Facilitator: Kirsty</p> <p><b>Soccer Tournament</b> 12:30pm – 3pm Mt Albert YMCA</p> <div data-bbox="1765 751 2161 1070" style="background-color: #6a3d9a; color: white; padding: 10px; border-radius: 15px;"> <p>Did you know; we have a Woodwork workshop at Kingsland!? Give us a call to find out more or to enrol in classes!</p> </div>
<p>26 April</p> <p><b>FilmSquad</b> Refer to pervious week</p> <p><b>Creative Writing</b> Refer to pervious week</p> <p><b>Wellness &amp; Fitness</b> Refer to pervious week</p> <p><b>Strength Model Training</b> 1:30pm – 3:30pm Training Room, 8 Kingsland Tce Facilitators: Mike &amp; Fuli</p>	<p>27 April</p> <p><b>"SOCCER CLUB" PRACTICE</b> 12:30pm – 1:30pm Mt. Albert YMCA</p> <p><b>Aqua Fit Glenfield</b> Refer to pervious week</p> <p><b>Racquetsports</b> Refer to pervious week</p> <p><b>Understanding Self in Mental Health</b> Refer to previous week</p>	<p>28 April</p> <p><b>Aqua Fit at Cameron Pool</b> Refer to previous week</p> <p><b>CraftSpace</b> 10am – 12pm Refer to previous week</p> <p><b>Gym Boxing</b> Refer to previous week</p> <p><b>Movie Afternoon</b> Refer to previous week</p> <p><b>Basic Computer</b> Refer Previous Week</p>	<p>29 April</p> <p><b>FRAMEWORK Touch Rugby</b> Annual tournament 10 years Celebration</p> <p><b>Yoga</b> Refer to previous week</p> <p><b>One Hour Walkers</b> Refer to previous week</p> <p><b>Swim Fit at Cameron Pool</b> Refer to previous week</p>	<p>30 April</p> <p><b>Conservation Crew</b> 10am – 3pm bushwalking &amp; conservation Meet @ 14 Kingsland Tce, KLD Facilitator: Kirsty</p> <p><b>Soccer Tournament</b> 12:30pm – 3pm Mt Albert YMCA</p>

To enrol in any of these programmes ph 815 5113 extension 1. We also welcome your suggestions.